



Missaukee County Commission on Aging

P.O. Box 217 • Lake City, MI • 49651
231-839-7839

Service: Footcare

Service Definition: Direct care to client in managing and maintaining skin integrity to feet and manage nail and callous growth.

Services include:

- Soak feet
- Clean under nail bed & around cuticle areas with metal cuticle stick
- Trim nails, then file nails
- File callouses down
- Apply betadine to nail beds unless client is allergic to iodine or red dye
- Monitor skin conditions, pedal pulses and peripheral edema
- Assess for gout, edema and infection
- Massage baby oil to dry skin areas or lotion when requested

Desired outcome: restore mobility, save limbs and improve skin integrity

Footcare limitations:

- Clients provide their own basin and towels.
- Footcare will not be done if open wounds are present.
- The footcare provider can stop providing this service if there is inappropriate behavior.

The RN or LPN also observe, report, and record any change in client's condition and home environment. All changes are to be reported to the Director of Client Services or Executive Director.

*It is the expectation of the COA that the client is up and ready at the time scheduled by the RN or LPN. The RN or LPN is allotted only one hour per visit to complete the above duties.

*The COA does not guarantee a specific day or time for services to be completed. The RN or LPN will accommodate schedule requests as best as possible.

*If a client is consistently not home for their scheduled visit, nor do they notify the COA to cancel, the COA may discontinue services.